

An aerial photograph of a coastal landscape. On the left, a dense green forest covers a hillside that descends towards a sandy beach. A small, bright blue swimming pool is visible within the forested area. The beach stretches along the coast, meeting a calm, blue sea under a clear sky. The text is overlaid on the right side of the image.

“I experience things especially here on Fårö when the silence is total. There is a strangely filtered daylight, it is incredibly intensive and throws shadows. I feel very strongly then I am surrounded by other realities and beings. who tell me things I might want to know. It is not superstition. It is a fact. That is how it is.” Ingmar Bergman 2005

In psychology, we try to test facts and discover new ones: We alter for instance light and sound (via the “ganzfeld technique”) in order to produce these “other realities” in the laboratory and test the claims.