

Bakgrund/Biography

I was born in Harjavalta, Finland in 1965. I moved to Sweden in 1984 and studied psychology at the University of Lund, Sweden from which I graduated with a Master of Science in Psychology in 1991. I became Licenced psychologist in 1993. After that I have been working as a clinical psychologist and took a Specialist Diploma in Neuropsychology in 2006. My interest in ADHD in old age lead me to my current Ph.D. studies at the Department of Psychology at the University of Gothenburg with Professor Boo Johansson as my supervisor. Parallelly with my halftime Ph.D. studies I have continued working as a clinical neuropsychologist besides my research, now even with suspected adhd in old people.

Forskning/Research

Our knowledge is still sparse about the life course manifestations of ADHD symptoms, particularly in later life and whether elderly who once presented childhood ADHD symptoms can be identified. I am interested in exploring ADHD in old age perspective. Our first study with Professor Johansson was a Swedish population-based study with the aim of exploring the occurrence to which elderly individuals retrospectively report symptoms that indicate childhood ADHD. We found a prevalence rate of about 3% in this population aged 65-80. We have continued our study with a follow-up in which we have investigated remaining, present ADHD symptoms. In addition I am interested in clinical cases of old age ADHD, illustrating the life conditons and treatment potentials in a person first identified with ADHD in old age.

Publikationer/Publications

Guldborg-Kjär, T., Johansson, B. (2009). Old people reporting childhood AD/HD symptoms: Retrospectively selfrated AD/HD symptoms in a populationbased Swedish sample aged 65-80. *Nordic Journal of Psychiatry*, 63:5, 375-382.